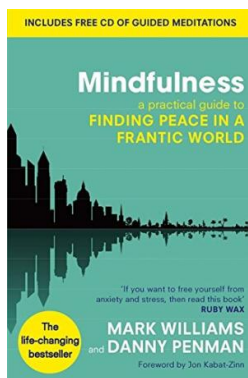


## Mindfulness: A Practical Guide to Finding Peace in a Frantic World



### Book Review

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(Evan Sporer)

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