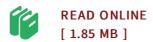




The Healing Power of Rainforest Herbs: A Guide to Understanding and Using Herbal Medicinals (Paperback)

By Leslie Taylor

Square One Publishers, United States, 2005. Paperback. Book Condition: New. 231 x 190 mm. Language: English . Brand New Book. Rainforests contain an amazing abundance of plant life over half of the planet's vegetation. For centuries, tribal shamans have successfully used these botanicals as remedies for various health disorders. Now, scientists have begun to uncover the medicinal qualities of these plants, which offer new approaches to health and healing. The Healing Power of Rainforest Herbs is a unique guide to these herbs and their uses. Detailing more than seventy rainforest botanicals, this book presents the history of the herbs uses by indigenous peoples and describes current usage by natural health practitioners throughout the world. Discover Amazon healers traditional knowledge, as well as the clinical studies that support what shamans have known for ages. Essential dosage and preparation methods are provided, while at-a-glance tables help you locate the best botanicals for each disorder. Here is a unique book that offers a blend of ancient and modern knowledge in an accessible reference format.



Reviews

A superior quality ebook and also the font used was interesting to read through. This is for all who statte there was not a well worth reading. I discovered this publication from my dad and i encouraged this pdf to learn.

-- Felix Lehner Jr.

This composed publication is fantastic. This is certainly for all those who statte that there was not a well worth reading through. You will not truly feel monotony at whenever you want of your respective time (that's what catalogs are for regarding when you ask me).

-- Prof. Mark Ratke Jr.