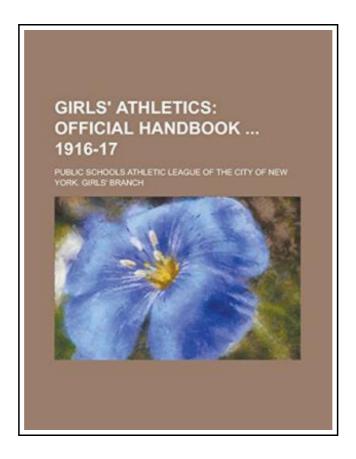
Girls Athletics (Paperback)



Filesize: 6.88 MB

Reviews

Totally one of the better publication I have actually read through. It really is rally fascinating through studying time period. Its been printed in an extremely simple way and is particularly just following i finished reading through this ebook in which basically modified me, modify the way i think. (Mrs. Maudie Weimann)

GIRLS ATHLETICS (PAPERBACK)



Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1916 edition. Excerpt: . Field Athletics for Elementary Schools These are: Shuttle Relay, Potato Relay, All Up Relay, Hurdle Relay. Pass Ball Relay, Basket Ball Throw. GENERAL INSTRUCTIONS.FOR RELAY RACES Wherever space permits a good long running distance should be allowed, not to exceed, however, 50 yards (150 feet). In all relays there shall be an equal number in the competing teams. The start shall be given by three signals: 1. On your mark! (one foot forward to (not beyond) the starting line). 2. Get readyl (poise forward). 3. Go! GENERAL INSTRUCTIONS FOR RELAY RACES It is desirable that each entire club should run as one team. When girls below the seventh year are competing with girls of the seventh or eighth year, they are to be allowed a handicap of not more than one-tenth of the entire distance to be run (except in the Pass Ball Relay, where no handicap is allowed). The handicap is to be allowed each runner on the team. In other words the starting line of the whole team to whom the handicap is allowed is set forward at one end of the running distance, and the finish line shall be the same for both. In shuttle, all-up, potato and hurdle relays if the number he very large each club may run a trial heat to pick its quickest team to represent the class in the final race. In these two events, the touching oil shall be done with the hands, a...



Read Girls Athletics (Paperback) Online Download PDF Girls Athletics (Paperback)

Other Kindle Books



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications. (Paperback)

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English. Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can usually...

Save Book »



Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselues By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1625) (Paperback)

Proquest, Eebo Editions, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English Brand New Book ***** Print on Demand *****. EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now you...

Save Book »



Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel's System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers (Paperback)

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can download...

Save Book »



A Kindergarten Manual for Jewish Religious Schools; Teacher's Text Book for Use in School and Home (Paperback)

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can download...

Save Book »



Southern Educational Review Volume 3 (Paperback)

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can download...

Save Book »